

Louisiana Orthopaedic Association
Annual Meeting
The Roosevelt New Orleans
March 14th-16th, 2024

Thursday, March 14th

12:00 pm – 5:00 pm **Board of Directors Meeting**

12:00 pm – 5:00 pm **Meeting Registration**

6:00 pm – 9:00 pm **Exhibitor Set Up**

Friday, March 15th

6:00 am – 5:00 pm **Meeting Registration**

6:00 am – 7:00 am **Scientific E-Posters**
(Presenters will be available to answer questions)

6:30 am – 7:00 am **Continental Breakfast with Exhibitors**

7:00 am – 7:10 am **Welcome and Announcements**
Leslie Sisco-Wise, MD, President

7:10 am – 7:15 am **Call for Nominations**
Leslie Sisco-Wise, MD, President

General Session 1: Abstract Presentations

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

7:15 am – 7:20 am 33 - A Simple Technique for Femoral Derotation based on Plate Size
Erik E. Piedy, BS, Louisiana State University School of Medicine

7:20 am – 7:25 am 4 - Characterizing the Spectrum of Scoliosis in Autism
Matthew B. Bratton, BS, Louisiana State University Health Sciences Center

7:25 am – 7:30 am 80 - Factors That Influence Resource Utilization Following Primary Lower Extremity Total Joint Arthroplasty
Alexander Crowley, Ochsner Medical Center

7:30 am – 7:35 am 61 - Incontinence is a Risk Factor for Hip and Knee Arthroplasty
Jacob S. Budin, BS, Tulane University

7:35 am – 7:40 am 59 - Evaluating Limb Regenerating Capabilities of Osteoprogenitor Cells
Joshua Broussard, BS, Louisiana State University School of Medicine New Orleans

7:40 am – 7:45 am Discussion

Symposia 1: Hand Panel Discussion - I Broke My Finger Last Week...On the Other Hand, I'm OK!

Moderator: Leslie Sisco-Wise, MD, *Ochsner Medical Center*

7:45 am – 8:25 am Panel: *Lisa Lattanza, MD, Yale University School of Medicine*
Rick I. Amad, MD, Baton Rouge Orthopaedic Clinic
Robby LeBlanc, MD, Louisiana Orthopaedic Specialists
Blane Sessions, MD, Louisiana Hand and Shoulder Center

8:25 am – 8:45 am **BREAK – PLEASE VISIT EXHIBITS**

Symposia 2: Concussion

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

8:45 am – 9:15 am Concussions in 2024: Why You Care
Andrew Gottschalk, MD, Ochsner Hospital for Orthopedics & Sports Medicine

General Session 2: LOA Guest Speaker

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

9:15 am – 9:55 am Posterior Shoulder Instability
James P. Bradley, MD, Burke & Bradley Orthopedics

9:55 am – 10:15 am **BREAK – PLEASE VISIT EXHIBITS**

Symposia 3: Robotic vs. Traditional Arthroplasty Panel - The State of Robotic Hip and Knee Replacement Surgery in 2024

Moderator: George Chimento, MD, *Ochsner Medical Center*

10:15 am – 10:55 am Panel: *George Chimento, MD, Ochsner Medical Center*
Willard Moore, MD, Ochsner Medical Center
Anna Cohen-Rosenblum, MD, Louisiana State University School of Medicine
Edward Yerger, MD, Ochsner Lafayette General Orthopedic Center
Bobby Easton, MD, Baton Rouge Orthopedic Clinic

General Session 3: LOA Guest Speaker

Moderator: Leslie Sisco-Wise, MD, Ochsner Medical Center

10:55 am – 11:35 am Breaking Barriers and Embracing Authenticity: Transforming Surgical Culture to Foster Diversity
Lisa Lattanza, MD, Yale University School of Medicine

Concurrent Session 1A: Early Practice Tips for Residents/Fellows

11:35 am – 12:05 pm Financial Strategies for Residents/Fellows
TBD, Morgan Stanley

Concurrent Session 1B: Practice Tips for Faculty/Attendings

11:35 am – 12:05 pm Financial Strategies for Orthopedic Surgeons
Beth Colon, Morgan Stanley

12:05 pm – 12:35 pm **Focused Industry Lunch Presentation**
**CME credit not available*

12:35 pm – 12:55 pm **Dessert in Exhibit Hall**

12:35 pm – 12:55 pm **Resident Quiz Bowl**
Michael Wolf, MD, Ochsner Medical Center

General Session 4: Abstract Presentations

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

12:55 pm – 1:00 pm 66 - Early Rehabilitation for Pediatric Medial Epicondyle ORIF and Accelerated RTP
Brian Le, MSN, Tulane School of Medicine

1:00 pm – 1:05 pm 79 - The Value of a Total Joint Hotline for Triaging Post-Operative Patients in an Effort to Decrease Unnecessary Emergency Department Visits
Evans Few, MD, Ochsner Medical Center

1:05 pm – 1:10 pm 46 - External Fixation vs. Bracing prior to reconstruction of Multiligament Tears of the Knee
Abigail M. Fruge, BS, Louisiana State University Health Shreveport

1:10 pm – 1:15 pm 83 - Arthroscopic Knotless Biologic Tuberopecty for Massive Irreparable Rotator Cuff Tears
Arjun Verma, BS, Ochsner Andrews Sports Medicine Institute / Tulane University School of Medicine

1:15 pm – 1:20 pm 40 - A Comprehensive Resource on Management of Anticoagulants Improves Resident Education
Christopher D. Caldwell, MD, Ochsner Louisiana State University Health Shreveport

1:20 pm – 1:25 pm Discussion

General Session 5: LOA Guest Speaker

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

1:25 pm – 2:05 pm Evidenced-Based Changes to Clinical Care of Trauma and Injury Patients
David C. Teague, MD, University of Oklahoma College of Medicine

Symposia 4: Knee Ligament Panel

Moderator: Jeremy Burnham, MD, *Ochsner Medical Complex*

2:05 pm – 2:50 pm Panel: *Jeremy Burnham, MD, Ochsner Medical Complex The Grove*
Patrick Massey, MD, Ochsner LSU Health Shreveport – Academic Medical Center
Brian Etier, MD, Ochsner Lafayette General Orthopedic Center
Jamie Rister, MD, Mid State Orthopaedic & Sports Medicine Center
James P. Bradley, MD, Burke & Bradley Orthopedics

2:50 pm – 3:10 pm **BREAK – PLEASE VISIT EXHIBITS**

General Session 6: LOA Guest Speaker

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

3:10 pm – 3:40 pm 10 Things I've Learned About Being a Sports Team Physician
James P. Bradley, MD, Burke & Bradley Orthopedics

General Session 7: Resident Award Papers

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

3:40 pm – 3:47 pm 56 - Multicenter Comparison of Outcomes for Management of GSW Humerus Fractures
Adam Haydel, MD, Louisiana State University

3:47 pm – 3:54 pm 87 - Comparison of Two Arthroscopic Shoulder Simulators for Training Orthopedic Residents
Wayne Scalisi, MD, Louisiana State University Health Sciences Shreveport

- 3:54 pm – 4:00 pm Discussion
- 4:00 pm – 4:07 pm 74 - Improved Outcomes in Isolated Meniscal Allograft Transplantation with Novel Fixation
Andrew Renshaw, MD, Ochsner Clinic Foundation Program
- 4:07 pm – 4:14 pm Clinical Outcomes of Anatomic Acromioclavicular Joint Reconstruction with Allograft Tendon and a Hook Plate
John Weldy, MD, Tulane University
- 4:14 pm – 4:20 pm Discussion

General Session 8: Legislative Update

Moderator: Leslie Sisco-Wise, MD, *Ochsner Medical Center*

- 4:20 pm – 5:00 pm Louisiana Legislative Update
1812 Group
- 5:00 pm – 7:00 pm Reception

Saturday, March 16th

- 6:00 am – 2:40 pm Meeting Registration
- 6:00 am – 7:00 am Scientific E-Posters
(Presenters will be available to answer questions)
- 6:30 am – 7:00 am Continental Breakfast with Exhibitors
- 6:55 am – 7:00 am Welcome and Announcements

General Session 9: Risk Management

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

- 7:00 am – 8:00 am On Guard: Jousting in Medicine
Kenneth E. Rhea, MD, FASHRM, LAMMICO

Symposia 5: Shoulder Arthroplasty Panel

Moderator: Shane Barton, MD, *SU Center for Orthopaedics and Sports Medicine*

- 8:00 am – 8:45 am Panel: *Shane Barton, MD, SU Center for Orthopaedics and Sports Medicine*
Stephen Choate, MD, Ochsner Sports Medicine Institute
Michael J. O'Brien, MD, Tulane University

*Wame N. Waggenspack, MD, Baton Rouge
Orthopaedic Clinic*

General Session 10: LOA Guest Speaker

Moderator: Leslie Sisco-Wise, MD, Ochsner Medical Center

8:45 am – 9:25 am Elbow Instability: Fix It Right The First Time...And What
Happens If You Don't
Lisa Lattanza, MD, Yale University School of Medicine

Symposia 6: Trauma Panel Discussion

Moderator: K. Chandra Vemulapalli, MD, Tulane University

9:25 am – 10:10 am Panel: *K. Chandra Vemulapalli, MD, Tulane University*
David C. Teague, MD, University of Oklahoma
College of Medicine
Christopher Sugalski, MD, Ochsner Medical Center
Brad Chauvin, MD, Ochsner LSU Health
Shreveport
Blain Walton, MD, Ochsner Lafayette General
Orthopedic Center
Kevin B. Riché, MD, Baton Rouge Orthopaedic
Clinic

10:10 am – 10:40 am **BREAK – PLEASE VISIT EXHIBITS**

General Session 11: Abstract Presentations

Moderator: Brian Godshaw, MD, Ochsner Sports Medicine Institute

10:40 am – 10:45 am 16 - Missouri Osteochondral Preservation System for Symptomatic
Chondral Lesions
Andrew Renshaw, MD, Ochsner Medical Center

10:45 am – 10:50 am 45 - The Incidence and Impact of Bisphosphonates on Multiple
Myeloma
Lacee Collins, BS, Tulane University

10:50 am – 10:55 am 13 - Matrix-Induced Autologous Chondrocyte Implantation with
Bone Involvement Requiring Autologous Bone Grafting: A Case
Series
Eden Schoofs, The Ochsner Andrews Sports Medicine Institute

10:55 am – 11:00 am 55 - Can Surgeons Avoid Unnecessary Postoperative Infection
Workup by Collecting Preoperative Inflammatory Markers?
Tara Korbal, BA, Louisiana State University School of Medicine

11:00 am – 11:05 am 12 - Two-Year Follow-Up Results of an Innovative High Tibial
Osteotomy Technique

Kareem Mohamed, MD, Ochsner Andrews Sports Medicine Institute

11:05 am – 11:10 am Discussion

Symposia 7: Spine Panel Discussion - Which Approach Is Best? Isolated L4-5 Spondylolisthesis: The Great Equalizer

Moderator: Andrew Zhang, MD, *Ochsner LSU Health Shreveport*

11:10 am – 11:55 am Panel: *Andrew Zhang, MD, Ochsner LSU Health Shreveport*
Paul Celestre, MD, Ochsner Medical Center
Amit K. Bhandutia, MD, Louisiana State University Health Sciences Center New Orleans
Mathew Cyriac, MD, MBA, Tulane University
Leland C. McCluskey Jr., MD, Tulane University

General Session 12: LOA Guest Speaker

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

***CME credit not available**

11:55 am – 12:35 pm Lessons I've Learned from Local and National Leadership Opportunities
David C. Teague, MD, University of Oklahoma College of Medicine

12:35 pm – 1:05 pm **Focused Industry Lunch Presentation**
***CME credit not available**

1:05 pm – 1:35 pm **LOA Business Meeting**
***CME credit not available**

General Session 13: Debate Your Mentor

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

1:35 pm – 1:40 pm Debate 1
Michael Nammour, MD, Ochsner LSU Health Shreveport
vs.
Scott Montgomery, MD, Ochsner Sports Medicine Institute

1:40 pm – 1:45 pm Debate 2
Brian Godshaw, MD, Ochsner Sports Medicine Institute
vs.
Deryk Jones, MD, Ochsner Sports Medicine Institute

1:45 pm – 1:50 pm Debate 3
Leslie Sisco-Wise, MD, Ochsner Medical Center
vs.

Lisa Lattanza, MD, Yale University School of Medicine

1:50 pm – 1:55 pm

Debate 4

Leland C. McCluskey Jr., MD, Tulane University

vs.

Andrew Todd, MD, Southern Orthopaedic Specialists

1:55 pm – 2:00 pm

Debate 5

Ian S. Elliott, MD, Ochsner Health Center, Kenner

vs.

Ramon F. Rodriguez, MD, Alabama Orthopaedic Clinic

2:00 pm – 2:05 pm

Debate 6

Kelly Hill, MD, Ochsner Medical Center

vs.

Michael J. O'Brien, MD, Tulane University

General Session 14: Rapid Fire Abstract Presentations

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

2:05 pm – 2:08 pm

57 - Total Knee Arthroplasty Outcomes Comparable among Joint and Sports Subspecialties

Lacey Collins, BS, Tulane University

2:08 pm – 2:11 pm

43 - Percutaneous Ablation, Osteoplasty, Reinforcement, and Internal Fixation of Periacetabular Metastases

Shelby H. Meckstroth, BS, MPH, Louisiana State University School of Medicine

**Presented by Matan Ozery*

2:11 pm – 2:14 pm

72 - The Anteromedial Ligament: A Biomechanically Validated Ligament

James Robinson, MD, Louisiana State University Health Shreveport

2:14 pm – 2:17 pm

24 - Ankle Syndesmosis with Suture-Button Technique Compared to Screw Fixation: Functional Outcomes and Cost Analysis

Christian K. Kerut, BS, Louisiana State University Health Sciences Center - New Orleans

2:17 pm – 2:20 pm

52 - Smokeless Tobacco Use Associated with Worse Outcomes Following Ankle/Hindfoot Arthrodesis

Julianna E. Winter, MD, Tulane University School of Medicine

2:20 pm – 2:23 pm

34 - Peripheral Nerve Catheters in Distal Radius Fractures: A Safe Technique

Evans Few, MD, Ochsner Orthopaedics and Sports Medicine Institute

2:23 pm – 2:30 pm	Discussion
2:30 pm – 2:33 pm	60 - Patient Reported Pain Levels after Targeted Muscle Reinnervation in the Lower Extremity <i>Adam M. Miller, MD, Louisiana State University Health Sciences Center</i>
2:33 pm – 2:36 pm	58 - Impact of Leg Length Discrepancies in Adolescent Idiopathic Scoliosis <i>Michael R. Cesarek, MS, Tulane School of Medicine</i>
2:36 pm – 2:39 pm	62 - SCFE Delays in Diagnosis: Knee Pain Shows Hip Issues Too <i>Jacob S. Budin, BS, Tulane University</i>
2:39 pm – 2:42 pm	64 - Charleston vs. Providence: Are all Scoliosis Bending Braces Created Equally? <i>Connor A. Nyborg, BS, Louisiana State University Health Sciences Center</i>
2:42 pm – 2:45 pm	17 - Operative Treatment of Lateral Elbow Instability in Females: Radial Ulnohumeral Ligament Repair <i>Nicholas O. Gerard, MS, Tulane University School of Medicine</i>
2:45 pm – 2:48 pm	49 - Treatment of Chronic Acromioclavicular Separation with Allograft and Hook Plate <i>Bela P. Delvadia, BS, Tulane University</i>
2:48 pm – 2:55 pm	Discussion
2:55 pm – 3:05 pm	REFRESHMENT BREAK

General Session 15: Risk Management

Moderator: Brian Godshaw, MD, *Ochsner Sports Medicine Institute*

3:05 am – 4:05 am	HIPAA Update: 2023 into 2024 <i>Kenneth E. Rhea, MD, FASHRM, LAMMICO</i>
4:05 pm – 4:10 pm	Closing Remarks

E-Poster Presentations

Station A

Basic Science

73 - Anteromedial Ligament Contribution to Translational Knee Stability: A Pilot Study
Lincoln Andre, MD, Ochsner-Louisiana State University Health Shreveport

20 - Bromelain as a Source of Debridement for Infected Orthopaedic Implants
Matthew B. Bratton, BS, Louisiana State University Health Sciences Center

18 - Digit Amputation Level Influences Macrophage Polarization
John S. Carleton, BS, Louisiana State University Health Sciences Center, New Orleans

9 - "Macrophage-Mediated Tissue Regeneration: Uncovering the Metabolic Differences in Regenerative and Fibrotic Macrophages"
Aysha V. Evans, MS, Louisiana State University Health Sciences Center

8 - Analysis of Potting Media for Biomechanical Testing: A Pilot Study
Cameron P. Vauclin, MD, MS, Louisiana State University Health Shreveport

Other

63 - Instagram Engagement Helps Increase Residency Applicant Interest in Orthopedic Surgery
Vidhatri Raturi, MS, Tulane University School of Medicine

Practice Management/Education

28 - Hospitals with Physician Leaders Outrank Non-Physician Hospitals
Phillip G. Fincher, MS, MD, Louisiana State University Health Shreveport

31 - The Impact of Knee Osteoarthritis Severity on Initial Treatment Choice: A Retrospective Analysis of Intra-Articular Injections
Christian K. Kerut, BS, Louisiana State University Health Sciences Center - New Orleans

Spine

65 - Characteristics of Patients Seeking Surgery in a Spine Surgery Clinic
Matthew R. Bennett, MS, Louisiana State University Health Sciences Shreveport

10 - Frailty and Increasing BMI Have a Combined Effect on Mortality
Robert M. Branstetter, BS, Louisiana State University School of Medicine

36 - Percentage of Sacroiliac Fusions Done by Non-Surgical Specialties Has Increased
Bela P. Delvadia, BS, Tulane University

22 - Decreased Subsidence with Use of Novel Expandable ALIF Implants with Greater Endplate Contact
Mason Favre, BS, LSU Health Shreveport School of Medicine

68 - Matched Cohort Study Comparing Posterior and Anterior Lumbar Interbody Fusion
Muhammad Malik, MD, Camden Clark Medical Center

5 - Comparing ACDF Outcomes by Cervical Spine Level: A Retrospective Study
Ryan J. Schroeder, BS, LSU Health Sciences Center New Orleans School of Medicine

26 - Systematic Review of Spinal Stabilization in Infection Using Artificial Intelligence
Spencer Taylor, MD, MPH, Ochsner Clinic Foundation

88 - Incidence and Outcomes of Compression Fractures Among COVID-19 Patients
Andrew S. Zhang, MD, Louisiana State University

Station B

Pediatrics

19 - Vitamin D Deficiency in Scheuermann's Disease is Associated with Increased Adverse Outcomes

Shivan N. Chokshi, University of Texas Medical Branch

51 - Pediatric Gunshot Trauma on the Rise at Major Urban Institution

Julianna E. Winter, MD, Tulane University School of Medicine

Shoulder & Elbow

53 - Acromioclavicular Reconstruction: A Biomechanical Comparison of a New Hybrid Technique

Benjamin A. Chanes, BS, Louisiana State University Health Shreveport

85 - Injectable-Settable Bone Graft Substitute in Arthroscopic Rotator Cuff Repair

Andrew Renshaw, MD, Ochsner Medical Center

84 - Acellular Human Dermal Allograft Augmentation in Arthroscopic Rotator Cuff Surgery

Arjun Verma, BS, Ochsner Andrews Sports Medicine Institute / Tulane University School of Medicine

Sports Medicine

23 - Short-Term Outcomes of Brisement Procedure and Rehabilitation for Patients with Adhesive Capsulitis

Sean Bradley, Ochsner Sports Medicine Institute

29 - Correlation Between MOCART 2.0 Scores and Patient Reported Outcome Measures: A Retrospective Review

Kareem Mohamed, MD, The Ochsner Andrews Sports Medicine Institute

38 - Distal Tibia Fracture after Medial Transmalleolar Drilling: A Biomechanical Study

Gabriel Sampognaro, MS, MD, Louisiana State University Shreveport

47 - Testosterone Therapy is Associated with Higher Risk of Tendon Tear

Timothy Waters, BS, Tulane University Department of Orthopaedics

Total Hip

27 - Anterior Approach Total Hip Arthroplasty Associated with Higher Complication Rate than Posterior Approach

Christian K. Kerut, BS, Louisiana State University Health Sciences Center - New Orleans

3 - Treatment of Infected Pelvic Discontinuity After Total Hip Arthroplasty

Leland van Deventer, BA, Louisiana State University Health Sciences Center

Total Knee

41 - Preoperative Injection Effects on Patient-Reported Outcomes in Total Knee Arthroplasty

David St. Étienne, MS, Louisiana State University School of Medicine

Trauma

35 - Smokeless Tobacco Use Associated with Worse Outcomes Following Tibia Fracture

Bela P. Delvadia, BS, Tulane University

86 - Accuracy of Indirect Reduction of the Posterior Pelvic Ring

Arjun Verma, BS, Ochsner Andrews Sports Medicine Institute / Tulane University School of Medicine

39 - Open Tibia Fracture Limb Survival with Oral-Maxillofacial Soft-Tissue Flap Team

Sarah C. Walker, BS, Louisiana State University Health Shreveport

Tumor

37 - The Effects of Active Cancer Diagnoses on Total Joint Arthroplasty Complication Rates

Robert M. Branstetter, BS, Louisiana State University School of Medicine